

# Churchfields Care Home Monthly Newsletter



Pound Lane, Cassington, Oxfordshire OX29 4BN

Our boutique luxury home delivering individual care for our residents



This month at Churchfields has been filled with wonderful moments of togetherness, creativity, and meaningful experiences. We were delighted to welcome our new yoga instructor, who has already made a fantastic impression, and everyone joined in! Residents have been enjoying gentle, guided sessions designed to help their flexibility and relaxation, with plenty of smiles along the way! Another highlight of the month was a WW2 visit to the local primary school where the children warmly welcomed our residents proudly sharing their projects.



# Creative days and happy moments

This month, residents enjoyed a variety of fun creative activities.

Cupcake making, with everyone getting involved in mixing, decorating and enjoying the finished bakes!

We also had a Valentines card making session for our loved ones. Pancake day was celebrated with plenty of flipping and laughter, as residents and staff enjoyed this much loved tradition together!



We are back in full swing and delighted to be visiting our local Dementia Café once again. We're also pleased to share that our own **Dementia Café has resumed** and now takes place on the **last Thursday of every month at 10:00**, providing a welcoming space for connection, support, and shared experiences.



To book a viewing 01277 886 299 [Alice@premiumcaregroup.co.uk](mailto:Alice@premiumcaregroup.co.uk)